

How To Order

Call us at
717-766-8512
Ext. 140 or 149
Or
Fax us at
717-766-0434

Things to Remember:

We are open Monday
thru Friday

We ask that orders be
placed 48 hours in
advance

Delivery times: 11:00 am
to 3:30 pm

Each menu selection is
available in quantities of
10 or more.

Thank you!

NOTE

All Buffets include the following items:

Napkins
Plates
Plasticware
Straws
Tablecloths
Salt & Pepper
Condiments
&
Moist Towelettes

Beverages

We provide an
assortment of
beverages:

Pepsi, Diet Pepsi, 7-Up
And
Bottled Water

S. Wilson Pollock
Center For Industrial Training
262 Silver Spring Rd.
Mechanicsburg, PA 17050

Phone: 717-766-8512

Fax: 717-766-0434

~2006~

The Sassy Gourmet

Buffet Menu

717-766-8512



Extras

Fruit Tray ~ A selection of "in season" fruits with dip

Small/Serves 10-16 **\$17.95**
Medium/Serves 16-20 **\$24.95**
Large/Serves 20-28 **\$30.95**

Veggie Tray ~ radishes, baby carrots, celery, broccoli, cauliflower and dip

Small/Serves 10-12 **\$13.95**
Medium/Serves 14-16 **\$17.95**
Large/Serves 20-25 **\$21.95**

Finger Sandwiches ~ tuna, chicken & ham salad sandwiches.

Small/Serves 12-15 **\$25.00**
Large/Serves 16-20 **\$32.00**

Pretzels ~ by the bowl

\$4.50 per bowl

Chips ~ by the bowl

\$4.50 per bowl

Beverages by the Urn ~ we offer Coffee, Hot Tea, Ice Tea & Punch.

Small Urn/Serves 10-20
 \$20.00 per Urn
Large Urn/Serves 30-50
 \$40.00 per Urn

Lunch Buffets

1 Cold Buffet

This buffet has it all!

Sliced smoked turkey, Virginia ham, roast beef and American cheese. All this is accompanied by your choice of rolls.** Also included are chips, pickles, beverage, our scratch cookies plus potato or macaroni salad!

\$7.50 per person

Roll Choices: Kaiser, Pretzel or French Round

2 Club Sandwiches

This all time favorite gives you an assortment of sandwiches made from smoked turkey, Virginia ham and roast beef. These clubs come made on a variety of breads along with crisp bacon, lettuce and tomato slices. Chips, pickles, beverage and of course our scratch cookies are included with this choice.

\$7.25 per person

Our Scratch Cookies!

Chocolate Chip, Oatmeal Raisin, Soft Sugar and Peanut Butter
\$6.75 per dozen

Chocolate Brownies!

\$7.25 per dozen

Chocolate Brownies w/ Icing!

\$9.50 per dozen

3 Sub Sandwiches

These subs are made on a fresh 8" sub roll and stuffed with your choice of meats ~ roast beef, smoked turkey, Virginia ham or traditional Italian.

**All subs are made with provolone cheese, shredded lettuce, tomato slices and onions. This lunch comes with chips, pickles, beverage and our scratch cookies.

\$7.50 per person

4 Wraps

An assortment of soft tortillas wrapped around smoked turkey, Virginia ham and tuna salad. Accompanied by a bowl of fresh fruit salad, pasta salad with honey dressing, beverage and our scratch cookies.

\$7.50 per person